

## Knight ECE Lunch (Pre-K and Head Start Lunch), January - 2024

<b>1 Monday</b>	<b>2 Tuesday</b>	<b>3 Wednesday</b>	<b>4 Thursday</b>	<b>5 Friday</b>
		<b>ENTREE</b> Mac & Cheese (PK)  <b>VEGETABLE</b> Baked Beans (PK)  <b>FRUIT</b> Sliced Peaches (PK)	<b>ENTREE</b> Crispy Chicken Sandwich  <b>VEGETABLE</b> Chilled Peas (PK)  <b>FRUIT</b> Blueberries (PK)	<b>ENTREE</b> Meatloaf  <b>GRAIN</b> Fresh Baked Garlic Bread-PK  <b>VEGETABLE</b> Mashed Potatoes (PK)  <b>FRUIT</b> Strawberries (PK)
<b>8 Monday</b>	<b>9 Tuesday</b>	<b>10 Wednesday</b>	<b>11 Thursday</b>	<b>12 Friday</b>
<b>ENTREE</b> Chicken Quesadilla  <b>VEGETABLE</b> Street Corn (PK)  <b>FRUIT</b> Blueberries (PK)	<b>ENTREE</b> Chicken Nuggets (PK-Gr8)  <b>VEGETABLE</b> Baby Carrots (PK)  <b>FRUIT</b> Strawberries (PK)	<b>ENTREE</b> Sloppy Joe (PK)  <b>VEGETABLE</b> Garden Greens Salad (PK)  <b>FRUIT</b> Orange Wedges (PK)	<b>ENTREE</b> Italian Sub Sandwich  <b>VEGETABLE</b> Confetti Chickpea Salad (PK)  <b>FRUIT</b> Sliced Peaches (PK)	<b>ENTREE</b> Sweet Chili Sauce Glazed Drumsticks  <b>GRAIN</b> Stir-Fried Rice (Gr PK-8)  <b>VEGETABLE</b> Soy Cucumber Salad (PK)  <b>FRUIT</b> Applesauce (PK)
<b>15 Monday</b>	<b>16 Tuesday</b>	<b>17 Wednesday</b>	<b>18 Thursday</b>	<b>19 Friday</b>
	<b>ENTREE</b> Homemade Pepperoni Pizza (Gr PK-5)  <b>VEGETABLE</b> Baby Carrots (PK)  <b>FRUIT</b> Strawberries (PK)	<b>ENTREE</b> Country Chicken Bowl (PK)  <b>FRUIT</b> Orange Wedges (PK)	<b>ENTREE</b> Grilled Cheese Sandwich  <b>VEGETABLE</b> Cucumber Coins (PK)  <b>FRUIT</b> Sliced Peaches (PK)	<b>ENTREE</b> Sandwich-BBQ Pulled Pork (PK)  <b>VEGETABLE</b> Broccoli (PK)  <b>FRUIT</b> Applesauce (PK)
<b>22 Monday</b>	<b>23 Tuesday</b>	<b>24 Wednesday</b>	<b>25 Thursday</b>	<b>26 Friday</b>
<b>ENTREE</b> Beef, Bean & Cheese Burrito  <b>VEGETABLE</b> Street Corn (PK)  <b>FRUIT</b> Diced Pears-(PK)	<b>ENTREE</b> Cheesy Bread Stick w/ Marinara (Gr PK-8)  <b>VEGETABLE</b> Baked Beans (PK)  <b>FRUIT</b> Strawberries (PK)	<b>ENTREE</b> Meat Lasagna (PK)  <b>GRAIN</b> Fresh Baked Garlic Bread-PK  <b>VEGETABLE</b> Garden Greens Salad (PK)  <b>FRUIT</b> Orange Wedges (PK)	<b>ENTREE</b> Cheeseburger  <b>VEGETABLE</b> Sweet Potato Tots (PK)  <b>FRUIT</b> Sliced Peaches (PK)	<b>ENTREE</b> Orange Chicken (PK)  <b>GRAIN</b> Stir-Fried Rice (PK)  <b>VEGETABLE</b> Soy Cucumber Salad (PK)  <b>FRUIT</b> Applesauce (PK)
<b>29 Monday</b>	<b>30 Tuesday</b>	<b>31 Wednesday</b>		
<b>ENTREE</b> Beef Taco (1) (Gr PK-3)  <b>GRAIN</b> Spanish Rice (PK)  <b>VEGETABLE</b> Baby Carrots (PK)  <b>FRUIT</b> Diced Pears-(PK)	<b>ENTREE</b> Homemade Pepperoni Pizza (Gr PK-5)  <b>VEGETABLE</b> Broccoli (PK)  <b>FRUIT</b> Diced Pears	<b>ENTREE</b> Mac & Cheese (PK)  <b>VEGETABLE</b> Baked Beans (PK)  <b>FRUIT</b> Sliced Peaches (PK)		